Date. 21.06.23

MOIL Celebrates 9th International Yoga Day Month Long Yoga session drive

The 9th International Day of Yoga (IDY) was celebrated with the theme, "One Earth, One Family and One Future " on 21st June, 2023 at MOIL Bhawan, Nagpur.



The event was graced by Shri Ajit Kumar Saxena, CMD MOIL, Shri Rakesh Tumane, Director (Finance), Ms. Usha Singh, Director (HR), Shri. P.V.V Patnaik, Director (Commercial) and Shri M.M Abdulla, Director (Production & Planning), who also performed Yoga along with employees.

To mark the occasion, MOIL is organising a month-long yoga sessions and wellness programs across its mines to encourage employees to embrace the numerous advantages of yoga practice. Through these initiatives, MOIL aims to instil a sense of holistic well-being and mindfulness into daily lives of employees going beyond International Yoga Day.

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